



# Bringing Systems of Care to Scale in Virginia

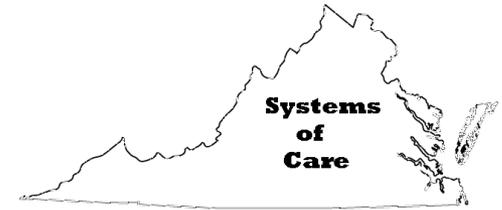
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Virginia Department of Behavioral Health & Developmental Services  
March 24, 2014

# System of Care



- ▶ A system of care is: A spectrum of effective, community-based services and supports for children and youth with or at risk for mental health or other challenges and their families, that is organized into a coordinated network, builds meaningful partnerships with families and youth, and addresses their cultural and linguistic needs, in order to help them to function better at home, in school, in the community, and throughout life. (Stroul, B., Blau, G., & Friedman, R., 2010)

# System of Care

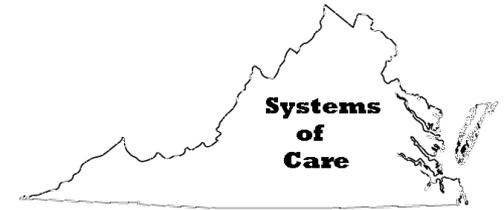


## Core Values & Principles

- ▶ Family driven and youth guided
- ▶ Home and community based
- ▶ Strengths based and individualized
- ▶ Culturally and linguistically competent
- ▶ Coordinated across systems and services
- ▶ Connected to natural helping networks
- ▶ Data driven and outcome oriented

Reference: [Building Systems of Care: A Primer](#) by Sheila A. Pires

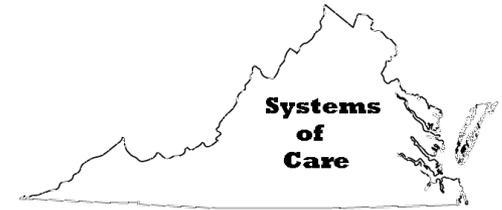
# Wraparound



Wraparound is defined by the National Wraparound Initiative as:

...an individualized, team-based service planning and care coordination process underpinned by a strong value base intended to improve outcomes for youth with complex behavioral health challenges and their families (Bruns et al., 2010).

# Wraparound



## Wraparound Core Values & Principles

- ▶ Family/Youth Voice & Choice
- ▶ Use of Informal Resources and Natural Supports
- ▶ Strengths Based Service Planning

Reference: 2014 National Wraparound Initiative, Portland State University

# Grant Background



## **DBHDS Awarded SAMHSA SOC Four Year Implementation Grant October 1, 2012–September 30, 2016**

Components of the grant funded project include:

- ▶ **Establishment of the Wraparound Center of Excellence** at the Office of Comprehensive Services to increase capacity for Intensive Care Coordination Services
- ▶ **Family/Youth Engagement & Training** through the Virginia Family Network of NAMI
- ▶ **DBHDS contracting with 5 community entities for service development that supports Intensive Care Coordination and the Wraparound philosophy at the individual service planning level and Systems of Care values and principles at the larger community level**

# System of Care Sub-grants



- ▶ Alexandria Community Policy & Management Team
- ▶ Fairfax–Falls Church Community Policy & Management Team
- ▶ Loudoun County Department of Mental Health, Substance Abuse, and Developmental Services
- ▶ Region Ten Community Services Board
- ▶ United Methodist Family Services